Dear Families,

There is a serious outbreak of measles in the state of Washington, and 1 case of measles was recently confirmed in Multnomah County, Oregon. Measles is a viral disease that spreads easily from person to person through direct contact, as well as through the air when someone with the virus coughs or sneezes. Measles can be dangerous, especially for babies and young children, with 1 in every four people who contract measles requiring hospitalization.

The best way to protect against the measles is vaccination.

- Measles vaccines are part of the required immunizations for school attendance in Oregon, unless a student has a medical or non-medical exemption.
- All students must have up to date immunization records with the school prior to February 20, or the student will be excluded from school due to health department rules.
- **West Linn-Wilsonville and Clackamas County Health are offering an Immunization Clinic** where vaccines, including MEASLES vaccines will be provided FREE of charge to children with no health insurance, the Oregon Health Plan or children with insurance that does not cover the cost of appointments.
  - **Tuesday, February 5 at Boones Ferry Primary School from 4:00-6:30pm**

Recognize the symptoms of measles.

- Fever, red eyes, cough & runny nose
- A red rash that starts on the head and face and spreads to the rest of the body
- Symptoms usually develop in 1-2 weeks, but in rare cases can take up to 4 weeks to develop

If you suspect your child may have been exposed and believe they are showing symptoms of measles, call your health provider PRIOR to visiting the medical office to make a plan that avoids exposing others.

As of now, there have been no measles cases identified in Clackamas County. In the event that measles are identified in our area, parents of non-immunized children will be contacted by the School Nurse with specific directions from the Clackamas County Health Department at that time.

In good health,

West Linn-Wilsonville School Nursing Team